

January

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 1st Friday Adoration & Novena	4
5 Birthday Season of Epiphany (Denaha)	6	7	8	9	10	11 Family Prayer
12 Pothuyogam	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Season of Epiphany (ܒܡܢܘܚܘܢܘܠܘܐ (Denha) – The Sunday between January 2nd and 6th

Mission Director - Fr. Lijo Kallarackal - (314) 471-7129

Trustees:

Jai Thomas - (314) 435-9346

Jinu Augustine - (636) 386-4282

Mass: Sundays @12:00 pm

1st Friday Adoration/Novena @ 6:45 pm

Family Prayer @ 6:00 pm

February

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Birthday	3	4	5	6	7 1st Friday Adoration & Novena	8
9	10	11	12	13	14	15 Family Prayer
16	17	18	19	20	21	22
23	24	25	26	27	28	

March

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 *Birthday *Pethratha	3 Ash Monday	4	5	6	7 *Novena *Stations of the cross	8
9 Season of Great Feast (Sawma Rabba)	10	11	12	13	14 Stations of the Cross	15
16	17	18	19	20	21 Stations of the Cross	22 Lenten Retreat (Tentative)
23 Lenten Retreat (Tentative)	24	25	26	27	28 Station of the Cross	29
30	31					

Season of Lent (നോമ്പ്) കാലം (Sawma Ramba) - The 7th Sunday before Easter

April

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Stations of the Cross	5
6 Birthday	7	8	9	10	11 Stations of the Cross	12
13 Palm Sunday	14	15	16	17 Maundy Thursday	18 Good Friday Living Stations of the Cross	19 Easter Vigil
20 Easter Season of Resurrection (Qyamta)	21	22	23	24	25	26
27	28	29	30			

Season of Resurrection (ഉയിർപ്പുകാലം) (Qyamta) - Easter Sunday

May

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 1st Friday Eucharistic Adoration & Novena	3
4 * Birthday * Pothuyogam	5	6	7	8	9	10 Family Prayer
11	12	13	14	15	16	17
18 Last day of PSR	19	20	21	22	23	24
25	26	27	28	29 9 Days Novena in preparation of Thirunal	30	31

June

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Birthday	2	3	4	5	6 SH Novena	7 SH Thirunal
8 Season of Apostles (Slihe)	9	10	11	12	13	14 Family Prayer
15	16	17	18	19	20	21
22	23	24	25	26	27 Feast of Sacred Heart	28
29 Mass for the souls	30					

Season of the Apostles (ശ്ലീഹാസമയം (Slihe) - Pentecost Sunday (the 7th Sunday after Easter)

July

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 1st Friday Eucharistic Adoration & Novena	5
6 Birthday St. Thomas Thirunal	7	8	9	10	11	12 Family Prayer
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27 St. Alphonsa Thirunal Season of Summer (Qaita)	28	29	30	31		

Season of Summer (Qaita) - The 7th Sunday after Pentecost

August

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 1st Friday Eucharistic Adoration & Novena	2
3 Birthday	4	5	6	7	8	9 Family Prayer
10	11	12	13	14	15 Feast Assumption of the Virgin Mary	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 1st Friday Eucharistic Adoration & Novena	6
7 Birthday Feast of Nativity of Mother Mary	8	9	10	11	12	13 Family Prayer
14 Season of Elijah-Sliva- Moosha	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Seasons of Elijah – Cross – Moses (ഏലിയാ – സ്തീവാ – മുശക്കോലങ്ങൾ) - The 14th Sunday after Pentecost

October

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 1st Friday Eucharistic Adoration & Novena	4 Parish Day
5 Birthday	6	7	8	9	10 Rosary	11 Family Prayer
12	13	14	15	16	17 Rosary	18
19	20	21	22	23	24 Rosary	25
26	27	28	29	30	31 Rosary	

. Season of the Dedication of the Church (പള്ളി കൂദാശ ക്കാലം | Qudas Edta) - The Sunday between October 30 and November 5

November

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Birthday All Souls /Saints Day Dedication of Church (Qudas-Edta)	3	4	5	6	7 1st Friday Eucharistic Adoration & Novena	8
9	10	11	12	13	14	15 Family Prayer
16 Pothuyogam	17	18	19	20	21	22
23	24	25	26	27	28	29
30 Season of Annunciation (Subara)						

Season of Annunciation (മംഗല വാർത്തക്കാലം | Subara)- The Sunday between November 27 and December 3

December

2025

Sacred Heart Syro Malabar Church, St. Louis, MO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 1st Friday Eucharistic Adoration & Novena	6
7 Birthday	8	9	10	11	12	13 House to House Carol
14	15	16	17	18	19	20
21	22	23	24 Christmas Vigil	25 Christmas Season of Nativity	26	27
28	29	30	31 New Year Eve Mass			

Season of Nativity (പിറവി കാലം (Yelda) – December 25